

Mexican X-press (P)

Count: 32 Wall: 0 Level: Partner alan-and-sonia.webs.com

Choreographer: Diane Girard & Jacques Godin

Music: Mail Myself to Mexico by Buddy Jewel or by Marven James

Slow: Dust by Trent Tomlinson / That Makes 2 Of Us by Brett Kissel and Cooper Alan

Position: side-by-side, facing LOD holding inside hands, opposite footwork

Section 1: ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD

1-2-3&4 Man: Rock L foot forward, recover on R, shuffle back L-R-L

Lady: Rock R foot forward, recover on L, shuffle back R-L-R

5-6-7&8 Man: Rock R foot back, recover on L, shuffle forward R-L-R

Lady: Rock L foot back, recover on R, shuffle forward L-R-L

Section 2: TURN ¼ TURN, WEAVE, BIG STEP, SLIDE, ROCK BACK, RECOVER

1-2-3-4 Man: Step L forward turning ¼ left, step R behind L, step L to side, cross R over L

Lady: Step R forward turning ¼ right, step L behind R, step R to side, cross L over R

5-6-7-8 Man: Slide L (big step) to L, slide R next to L, rock back on R, recover on L

Lady: Slide R (big step) to R, slide L next to R, rock back on L, recover on R

Section 3: BIG STEP, SLIDE, TURN ¼ RLOD, SHUFFLE FORWARD

1-2-3-4 Man: Slide R (big step) to R, slide L next to R, rock back on L, recover on R

Lady: Slide L (big step) to L, slide R next to L, rock back on R, recover on L

5-6-7&8 Man: Step L forward turning ¼ RLOD, touch R, shuffle forward R-L-R

Lady: Step R forward turning 1/4 RLOD, touch L, shuffle forward L-R-L

Section 4: STEP FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD, FULL TURN TO OUTSIDE, SHUFFLE FORWARD

1-2-3&4 Man: Step forward L, pivot ½ turn to R, shuffle forward L-R-L

Lady: Step forward R, pivot ½ turn to L, shuffle forward R-L-R

5-6-7&8 Man: Turn full turn to L, stepping R-L, shuffle forward R-L-R

Lady: Turn full turn to R, stepping L-R, shuffle forward L-R-L

REPEAT